

# 2009 Head of The Lakes Tournament Schedule

*Sponsored by the East End Juniors*

Date	Site Manager	Facility	Court Number
Saturday, May 30	Mikaela Hogg	The Marshall School	1, 2, 3, 4
Saturday, May 30	Alison Lothenbach	College of St. Scholastica	5, 6, 7
Sunday, May 31	Larry Modean	The Marshall School	1, 2, 3, 4
Sunday, May 31	Kelsey Johnson	College of St. Scholastica	5, 6, 7
Sunday, May 31	Katelyn Early	Duluth East High School	8, 9, 10

## Time Frame- Saturday, 12s Division

Pool	Doors Open	Coaches Meeting	Warm-up Starts	1 <sup>st</sup> Match Starts
A and B	8:00 am	8:10 am	8:20 am	8:30 am

## 12s Division- Saturday, May 30

### College of St. Scholastica

Division	12s	12s
Pool	A	B
Court	#4	#6
Location	College of St. Scholastica	College of St Scholastica
A	<b>Lady Lakers</b>	<b>Cloquet Crush 12-1</b>
B	<b>Club Superior 12 Gold</b>	<b>Beastview Lightning</b>
C	<b>Club Superior 12 White</b>	<b>East End 12 Red</b>
D	<b>East End 12 Black</b>	<b>East End 10s</b>

## 12S PLAYING SCHEDULE

MATCH	WARM-UP	FOUR TEAM POOL		MATCH	WARM-UP	THREE TEAM POOL
1	8 min	A - C (B)				
2	8 min	B - D (A)		Used only if a team drops from a 4 team pool.		
3	6 min	A - D (C)		1	8 min	B - C (A)
4	6 min	B - C (A)		2	8 min	A - C (B)
5	6 min	C - D (B)		3	8 min	A - B (C)
6	6 min	A - B (D)				

## WARM-UPS

8 Minute	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes
6 Minute	Serving Team's Court	3 minutes
	Receiving Team's Court	3 minutes

**Note: Serving warm-up, if conducted, is part of a team's scheduled court time.**

## Time Frame- Saturday, 14s Division

Pools	Doors Open	Coaches Meeting	Warm-up Starts	1 <sup>st</sup> Match Starts
A	8:00 am	8:15 am	8:20 am	8:30 am
B, C, D	8:00 am	9:40 am	9:50 am	10:00 am

### 14s Division- Saturday, May 30- The Marshall School

Division	14s	14s
Pool	A	B
Court	#1	#2
Location	The Marshall School	The Marshall School
A	<b>Hermantown 14s</b>	<b>East End 14 Red</b>
B	<b>East End 14 White</b>	<b>Lady Lakers 14-3</b>
C	<b>Club Superior 14 White</b>	<b>Chisholm Hurricanes</b>
D	<b>Lady Lakers 14-1</b>	

Division	14s	14s
Pool	C	D
Court	#3	#4
Location	The Marshall School	The Marshall School
A	<b>East End Boys</b>	<b>NVC 14 Black</b>
B	<b>NVC 14 Blue</b>	<b>East End 14 Black</b>
C	<b>Club Superior 14 Gold</b>	<b>Lady Lakers 14-2</b>

### 14S PLAYING SCHEDULE

MATCH	WARM-UP	FOUR TEAM POOL	MATCH	WARM-UP	THREE TEAM POOL
1	8 min	A - C (B)	.	.	.
2	8 min	B - D (A)	Used also if a team drops from a 4 team pool.		
3	6 min	A - D (C)	1	8 min	B - C (A)
4	6 min	B - C (A)	2	8 min	A - C (B)
5	6 min	C - D (B)	3	8 min	A - B (C)
6	6 min	A - B (D)			

### WARM-UPS

8 Minute	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes
6 Minute	Serving Team's Court	3 minutes
	Receiving Team's Court	3 minutes

Note: Serving warm-up, if conducted, is part of a team's scheduled court time

## Time Frame- Sunday, 16s Division

Pools	Doors Open	Coaches Meeting	Warm-up Starts	1 <sup>st</sup> Match Starts
A, B, C, D	8:00 a.m.	8:10 a.m.	8:20 a.m.	8:30 a.m.

### 16s Division- Sunday, May 31- St. Scholastica and Duluth East H.S.

Division	16s	16s
Pool	A	B
Court	#5	#7
Location	St. Scholastica	St. Scholastica
A	<b>MN North 15s</b>	<b>Lady Lakers</b>
B	<b>Club Superior 16 Gold</b>	<b>East End 16 Black</b>
C	<b>NVC 15 Blue</b>	<b>North Shore Volleyball Club 15s</b>
D	<b>East End 16 White</b>	<b>Chisholm Hurricanes</b>

Division	16s	16s
Pool	A	B
Court	#9	#10
Location	Duluth East H.S.	Duluth East H.S.
A	<b>East End 16 Red</b>	<b>Hermantown 16s</b>
B	<b>NVC 16 Blue</b>	<b>NVC 16 Black</b>
C	<b>Duluth Volleyball Club</b>	<b>Club Superior 16 White</b>
D	<b>Carlton 16s</b>	<b>East End 16 Green</b>

#### PLAYING SCHEDULE

MATCH	WARM-UP	FOUR TEAM POOL	MATCH	WARM-UP	THREE TEAM POOL
1	10 min	A - C (B)	Used only if a team drops from a 4 team pool		
2	10 min	B - D (A)	1	10 min	B - C (A)
3	8 min	A - D (C)	2	10 min	A - C (B)
4	8 min	B - C (A)	3	10 min	A - B (C)
5	8 min	C - D (B)			
6	8 min	A - B (D)			

#### WARM-UPS

10 Minute	Shared Ball Handling	2 minutes
	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes
8Minute	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes

Note: Serving warm-up, if conducted, is part of a team's scheduled court time

## Time Frame- Sunday, 18s Division

Pools	Doors Open	Coaches Meeting	Warm-up Starts	1 <sup>st</sup> Match Starts
A	8:00 am	8:15 am	8:20 am	8:30 am
B, C, D	8:00 am	9:40 am	9:50 am	10:00 am

## 18s Division- Sunday, May 30- The Marshall School

Division	18s	18s
Pool	A	B
Court	#1	#2
Location	The Marshall School	
A	<b>MN North 18s</b>	<b>Hibbing 17s</b>
B	<b>Lady Lakers</b>	<b>South Fargo 18</b>
C	<b>East End 17s</b>	<b>NVC 17 Blue</b>
D	<b>Rice Lake Area VBC</b>	

Division	18s	18s
Pool	C	D
Court	#3	#4
Location	The Marshall School	
A	<b>MN North 17s</b>	<b>NVC 18 Gold</b>
B	<b>East End 18 Red</b>	<b>North Shore Volleyball Club</b>
C	<b>Chisholm/Cherry Hurricanes</b>	<b>Carlton 18s</b>

### PLAYING SCHEDULE

MATCH	WARM-UP	FOUR TEAM POOL		MATCH	WARM-UP	THREE TEAM POOL
1	10 min	A - C (B)				
2	10 min	B - D (A)		Used also if a team drops from a 4 team pool.		
3	8 min	A - D (C)		1	10 min	B - C (A)
4	8 min	B - C (A)		2	10 min	A - C (B)
5	8 min	C - D (B)		3	10 min	A - B (C)
6	8 min	A - B (D)				

### WARM-UPS

10 Minute	Shared Ball Handling	2 minutes
	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes
8 Minute	Serving Team's Court	4 minutes
	Receiving Team's Court	4 minutes

Note: Serving warm-up, if conducted, is part of a team's scheduled court time

- Directions:** Complete directions and maps to playing sites can be found at:  
[http://eastendvolleyball.com/tournament\\_playing\\_sites.htm](http://eastendvolleyball.com/tournament_playing_sites.htm)
- Team Areas:** Teams will be allowed to camp in open areas at the playing sites. Teams ***must*** clean their camp area before leaving the facility.
- Concessions and Sales:** Concessions will be available at all playing sites.
- Coaches Meeting:** See time frame above for each division. Meeting is not mandatory.
- Pool Play:**  
**3 team pools-** 3 games to 25, no pt. caps.  
**4 team pools-** Matches will be best 2 of 3. First two games to 25, third game if necessary to 15. No point caps on any games.
- Other Rules:**  
12s teams will use the volley-lite balls and regular service line  
10s teams will use the volley-lite ball and a short service line
- Playoffs:**  
**12s – Gold Division:** 1<sup>st</sup> and 2<sup>nd</sup> in Pools A and B.  
Silver Division: 3<sup>rd</sup> and 4<sup>th</sup> in Pools A and B.  
**14s – Gold Division:** 1<sup>st</sup> and 2<sup>nd</sup> in pools A,B,C and D.  
Silver Division: 3<sup>rd</sup> in pools A,B,C, and D. 4<sup>th</sup> in pool A  
**16s - Gold Division:** 1<sup>st</sup> and 2<sup>nd</sup> in all pools @ Duluth East H.S.  
Silver Division: 3<sup>rd</sup> and 4<sup>th</sup> in all pools @ CSS  
**18s - Gold Division:** 1<sup>st</sup> and 2<sup>nd</sup> in all pools.  
Silver Division: 3<sup>rd</sup> in pools A,B,C, and D. 4<sup>th</sup> in pool A.  
All playoff matches will be best 2 of 3 to 25 points with the 3<sup>rd</sup> game to 15 pts. No caps on any of the games and teams must switch sides @ 8 pts in the 3<sup>rd</sup> game.
- Seedings and Tie Breakers:** The following priority will be used to determine what place teams finish in pool play: matches won/loss; head to head; games won/loss; total pts. and finally, a coin toss.
- Awards:** Medals for 1<sup>st</sup> and 2<sup>nd</sup> place in Gold, 1<sup>st</sup> in Silver.
- Equipment:** Game balls will be provided. Teams may use a different ball if both teams agree.
- Communication Procedure:** If a team is experiencing travel difficulty and is going to be a late arrival please call Doug Lothenbach's cell phone @ **218-213-2880.**